

2024 Boston 10K presented by Brigham and Women's Hospital Professional Field Bios

MEN'S PROFESSIONAL FIELD

NAME	COUNTRY	PERSONAL BEST	NOTES
Sabastian Sawe	KEN	26:49 (Herzogenaurach, 2023)	2023 World Half Marathon gold medalist; 7 th at both 2023 and 2024 World Cross Country Championships; 58:02 half marathon personal best; making American road-race debut.
Daniel Ebenyo	KEN	26:58 (Valencia, 2022)	Silver medalist at both the 2023 World Championships Half Marathon (59:14) and 10,000m (27:52.60); 4 th at 2022 World Indoor 3000m; 6 th at 2023 World Cross Country Championships; silver medalist at 2022 Commonwealth Games 10,000m; this year won the Berlin Half Marathon; half marathn PB of 59:04.
Bravin Kiptoo	KEN	27:12 (Prague, 2019)	5 th at 2024 Lison Half Marathon (1:01:10); 4 th at 2024 World 10K in Benaluru, India (28:50); 10 th at 2022 Boston 10K (28:49).
Bernard Ngeno	KEN	27:44 (Port Gentil, 2019)	10 th at 2023 Doha Marathon (2:17:49); 13 th at 2022 Peachtree 10K; 10 th at 2022 Hamburg Marathon (2:07:27).
Teshome Mekonen	USA	27:50 (Prague, 2015)	2024 US 15K National Champion (42:51); 4 th at 2024 US 25K Championships; 4 th at 2022 Boston Half; 2 nd at 2018 Boston 10K; 3 rd at 2017 Boston 10K.
Ali Abdilmana	ETH	27:54 (Charleston, 2024)	Winner of 2024 Cooper River Bridge 10K in Charleston (27:54); silver medalist at 2021 World U20 Championships 3000m (7:44.55).
Abel Kipchumba	KEN	28:06 (Prague, 2017)	2023 Boston Half champion (1:01:32); 2024 NYC Half champion (1:00:25); 9 th at 2023 Boston 10K (29:05); 3 rd at 2022 Berlin Half (59:58).
Rory Linkletter	CAN	28:06 (Salt Lake City, 2021)	Named to Team Canada's 2024 Olympic Marathon team; has represented Canada at World Championships in the marathon and cross country; 18 th at 2023 World Championships Marathon; runner-up at 2017 NCAA Championships 10,000m.
Diego Estrada	USA	28:19 (Boston, 2023)	Winner of 2024 USA 25K National Championship (1:13:09); 3 rd at 2024 USA 15K Championships; 2012 Olympian for Mexico in the 10,000m; 5 th at 2023 Boston 10K; 5 th at 2024 Boston 5K.
Alex Masai	KEN	28:29 (Boston, 2022)	3 rd at 2023 Boston 10K (28:09); 7 th at 2022 Boston 10K (28:29); 3 rd at 2024 Cooper River Bridge 10K (28:10); 7 th at 2024 Boston 5K.
Clayton Young	USA	28:49 (Atlanta, 2021)	2024 USA Olympic Marathoner; 2 nd at 2024 Olympic Trials Marathon; 2019 NCAA 10,000m champion; won 2023 USA titles at 8K, 10K, and 20K; 2:08:00 marathoner.
Wesley Kiptoo	KEN	28:54 (Boston, 2023)	Winner of 2024 Cherry Blossom 10 Miler & 2024 Pittsburgh Half; 2023 Falmouth Road Race champion; 8 th at 2023 Boston 10K; '21 NCAA Indoor 5000m champion.
Yemane Haileselassie	ERI	29:01 (Cape Elizabeth, 2023)	5 th at 2021 Olympic 3000m steeplechase; also steeplechase finalist at 2016 Olympics; 3 rd at 2023 Boston Half; 3 rd at 2024 NYC Half; 7 th at 2022 Boston Half; 2 nd at 2024 Bolder Boulder 10K; 16 th at 2024 Boston Marathon.

2024 Boston 10K presented by Brigham and Women's Hospital Professional Field Bios

Eric Hamer	USA	29:03 (Hardeeville, 2021)	B.A.A. High Performance Team member; has run 13:50.35 and 28:31.71 for 5000m and 10,000m on the track this year; 15 th at 2023 Boston 10K; 10 th at 2023 Manchester Road Race.
Peter Mwaniki Njeru	KEN	29:12 (Arezzo, 2021)	7 th at 2024 Houston Half (1:01:13); 2 nd at 2024 San Blas Half; 2 nd at 2023 Dodoma Half (Tanzania); 3 rd at 2023 Bucharest Half.
Paul Arredondo	USA	29:20 (Atlanta, 2023)	Winner of 2024 Wilmington Half; 16 th at 2023 USA 10K Championships; has run 29:08.02 for 10,000m on the track.
Matt Baxter	NZL	29:36 (Atlanta, 2022)	2 nd at 2024 Carlsbad 5K (13:48); 8 th at 2024 NYC Half; won 2023 Pittsburgh 10 Miler; represented New Zealand at 2023 World Cross Country Championships (48 th).
Frank Lara	USA	29:37 (Atlanta, 2019)	19 th at 2024 Olympic Trials Marathon; 21 st at 2024 Houston Half; has personal bests of 2:11:32 for the marathon and 1:01:00 for the half marathon.
William Amponsah	GHA	29:53 (Okpekepe, 2023)	Ghana National Record holder in the 5000m (13:51.63), 10,000m (28:00.09) and half marathon (1:03:15); 2023 NCAA Division II national cross country champion at West Texas A&M.
Liam Dee	GBR	30:08 (Chepstow, 2021)	2 nd at 2023 Hartford Half (1:04:57); set 2 mile personal best indoors this year (8:45.95); 7 th at 2023 Philadelphia Half (1:05:13).
Brendan Martin	USA	30:15 (Northport, 2014)	127 th at 2024 US Olympic Trials Marathon (2:27:27); 13 th at 2012 Boston Marathon; 16 th at 2022 Boston Half.
Tim McGowan	USA	30:17 (Northport, 2021)	B.A.A. Racing Team Member; 15 th at 2024 NYC Half (1:06:05); 21 st at 2023 Boston 10K; coach at Boston College.
Jonathan Phillips	USA	30:27 (Gloucester, 2021)	37 th at 2024 US Olympic Trials Marathon (2:17:49); 11 th at 2022 Grandma's Marathon (2:14:11 PB); 1:04:14 half marathon PB.
Erik Linden	USA	30:33 (Gloucester, 2022)	111 th at 2024 US Olympic Trials Marathon (2:24:59); 18 th at 2024 Cherry Blossom 10 Miler; 24 th at 2023 Boston 10K; 18 th at 2023 Boston Half (1:05:50).
Thomas Toth	CAN	30:33 (Toronto, 2016)	43 rd at 2024 Boston Marathon (2:24:34); 3 rd at 2024 New Bedford Half Marathon (1:06:13); 23 rd at 2023 Boston 10K.
Harry Halford	GBR	31:03 (Telford, 2018)	4 th at 2024 London 5K (14:49); former student athlete at Lamar.
Josh Kalapos	USA	31:26 (Boston, 2023)	B.A.A. High Performance Team member; 17 th at 2024 US Olympic Trials Marathon (2:14:26 PB); 25 th at 2023 Boston 10K; 3 rd at 2023 New Bedford Half (1:05:46).
George Degen	USA	32:30 (Gloucester, 2021)	59 th at 2024 Boston Marathon (2:27:12); 40 th at 2023 Boston Marathon (2:26:19); 3 rd at 2023 Cape Cod Marathon (2:30:13).
Bradley Makuvire	ZIM	28:28.91 10,000m	Competed for South Carolina; at 2024 SEC Championships finished 6 th in the 10,000m and 16 th in the 5000m.
Spencer Friske	USA	31:27.36 10,000m	B.A.A. Runing Club member.

2024 Boston 10K presented by Brigham and Women's Hospital Professional Field Bios

Ryan Eiler	USA	N/A	B.A.A. Racing Team member; 15 th at 2024 Boston Marathon (2:14:22); 2 nd at 2024 New Bedford Half Marathon (1:05:47).
Mo'ath Alkhalwaldeh	Jordan	N/A	This year has run 1:06:50 PB at the Seville Half.

WOMEN'S PROFESSIONAL FIELD

NAME	COUNTRY	PERSONAL BEST	NOTES
Irine Cheptai	KEN	30:16 (Prague, 2022)	6 th place in 10,000m at 2021 Tokyo Olympics; won 2024 Hamburg Marathon (2:18:22); in 2023 won Copenhagen Half and 2 nd at Valencia Half; 2 nd 2022 NYC Half; 2 nd at 2022 Peachtree 10K.
Sarah Chelangat	UGA	30:24 (Valencia, 2023)	6 th at 2024 World Cross Country Championships; 10 th at 2023 World Championships 10,000m; 2021 Olympian for Uganda in 5000m; won 2024 Cherry Blossom 10 Miler.
Fantaye Belayneh	ETH	30:24 (Herzogenaurach, 2022)	11 th at 2024 Road to Records 10K (31:16); 2022 silver medalist at African Championships 5000m; 12 th 2023 Boston Half; 2022 Beach to Beacon 10K champion.
Senayet Getachew	ETH	30:34 (Herzogenaurach, 2023)	Ran 14:42.94 indoors for 5000m in Boston in January, a World U20 record; also ran 30:59 for 8 th at Road to Records 10K; 19 th at '23 World Cross Country Champs.
Bosena Mulatie	ETH	30:50 (Valencia, 2020)	2 nd at 2024 Lisbon Half (1:09:00); 6 th at 2024 Houston Marathon (2:26:59); 8 th at 2022 World Championships 10,000m; 2 nd at 2022 Boston Half.
Stacy Ndiwa	KEN	31:01 (Herzogenaurach, 2024)	2024 Los Angeles Marathon winner (2:25:29); 9 th at 2024 Road to Records 10K (31:01); runner-up at 2023 Boston 10K (31:25); 6 th at 2023 Peachtree Road Race.
Emily Sisson	USA	31:16 (NYC, 2023)	2024 Team USA Olympic Marathoner; finished 2 nd at 2024 Olympic Trials Marathon (2:22:42); 10 th in 10,000m at 2021 Olympics; American record holder in the marathon (2:18:29) and half marathon (1:06:52); 2 nd at 2022 Boston 10K and 4 th at 2023 Boston 10K.
Molly Huddle	USA	31:21 (Boston, 2015)	2-time Olympian for Team USA; former American record holder at 10,000m; 3-time Boston 5K champion; 4-time Boston 10K for Women winner; 12 th at 2022 Boston Half.
Caroline Rotich	USA	31:30 (New York City, 2022)	2015 Boston Marathon champion; 6 th at 2024 US Olympic Marathon Trials; 2010 Boston Half champion; at Boston 10K has finished 2 nd (2018) and 3 rd (2019).
Lily Partidge	GBR	31:31 (Manchester, 2024)	2 nd at 2024 Manchester 10K; 10 th at 2024 Lisbon Half; has represented Great Britain at the European Championships on the track and roads, and at the World Cross Country Championships; 18 th at 2023 NYC Mini 10K.
Melknat Wudu	ETH	31:45a (Addis Ababa, 2022)	World Junior Championships silver medalist in the 5000m in both 2021 and 2022; ran 8:32.01 U20 record indoors this year for 3000m; 4 th at both the Doha and Marrakech

2024 Boston 10K presented by Brigham and Women's Hospital Professional Field Bios

			(Morocco) Diamond League 5000m races this year; ran 14:40 for 2 nd at 2024 adidas Road to Records 5K.
Emily Durgin	USA	31:49 (Atlanta, 2021)	In 2024, finished 3 rd at USA 15K Championships, 4 th at US 25K Championships, 2 nd at Cherry Blossom 10 Miler, 9 th at US Olympic Marathon Trials, and 10 th at Boston 5K. At the Boston 10K, has placed 8 th (2023), 4 th (2022), 17 th (2019).
Dominique Scott	RSA	31:59 (Charleston, 2022)	20 th at 2024 Boston Marathon; 2-time Olympian for South Africa in the 10,000m (21 st in 2016, 20 th in 2021); 5 th in 2017 and 13 th in 2023 at Boston 10K; multiple-time NCAA Champion while at Arkansas.
Daisy Jepkemei	KAZ	32:05 (Astana, 2018)	7 th at 2024 World Cross Country Championships; 2012 World Junior champion in the 3000m steeplechase; 6 th at 2019 Peachtree 10K.
Yuka Takashima	JPN	32:05 (Castellon, 2023)	10 th at 2024 Japan 10,000m national championships; 3 rd at 2023 Hakodate Half Marathon; 8 th at 2023 Castellon 10K; 2 nd at 2023 10,000m national championships.
Hiwot Gebremariam	ETH	32:22 (Taroudant, 2015)	2012 World Junior Championships silver medalist at 3000m; 3 rd at 2022 Boston Half; 2 nd at 2024 Guadalajara Half; 8 th at 2023 Boston Marathon.
Tristin Van Ord	USA	32:34 (Falmouth, 2022)	17 th at 2024 US Olympic Marathon Trials (2:30:46); 17 th at 2024 Houston Half; 12 th at 2024 Cherry Blossom 10 Miler.
Abbey Wheeler	USA	32:45 (Charleston, 2024)	B.A.A. High Performance Team member; won 10,000m at 2024 Stanford Invite; 7 th at Cooper River Bridge 10K, 16 th at 2023 Boston 10K for Women; 2 nd at 2023 Lone Gull 10K; former All-American at Providence.
Katie Kellner	USA	33:05 (Atlanta, 2014)	In 2024, has finished 22 nd at the Boston Marathon (2:38:19) and 37 th at the U.S. Olympic Trials (2:36:07); 13 th at 2017 Boston 10K.
Bria Wetsch	USA	33:41 (New York, 2021)	36 th at 2024 U.S. Olympic Marathon Trials (2:36:00); 3 rd at 2024 Indianapolis Half Marathon (1:17:08); 21 st at 2019 Boston Marathon.
Jackie Gaughan	USA	33:44 (Boston, 2023)	25 th at 2024 U.S. Olympic Marathon Trials (2:34:12); 10 th at '24 NYC Half (1:12:47); 9 th at '24 Cherry Blossom 10 Miler (54:02); 13 th at '24 Houston Half (1:10:01).
Rachel Hyland	USA	33:50 (Gloucester, 2021)	In 2024, has placed 24 th at the Boston Marathon (2:40:24), 48 th at the U.S. Olympic Marathon Trials (2:38:12), and 3 rd at the New Bedford Half Marathon (1:15:38); 4 th at the 2018 Boston Marathon.
Jen Odenheimer	USA	34:42 (Oakland, 2022)	Winner of the 2024 Napa Half Marathon (1:16:37); ran 2:40:42 for 31 st at Grandma's Marathon in 2023.
Caroline Williams	USA	34:57 (New York, 2017)	36 th at 2024 Boston Marathon; 87 th at 2024 Olympic Marathon Trials; 78 th at 2024 London Marathon; 16 th at 2023 USA 20K Championships.
Allie Hackett	USA	35:17 (Gloucester, 2019)	16 th at 2023 Philadelphia Half Marathon (1:16:53); 14 th at 2022 Boston 10K; 5 th at 2022 New Bedford Half; 333 rd at 2020 US Olympic Marathon Trials.
Claire Benjamin	USA	35:25A (Boulder, 2022)	92 nd at 2024 U.S. Olympic Marathon Trials (2:45:34); 9 th at 2023 Cal International Marathon (2:36:01).

2024 Boston 10K presented by Brigham and Women's Hospital Professional Field Bios

Whitney Macon	USA	35:36 (Atlanta, 2021)	Ran 1:14:19 PB at 2023 Houston Half; 10 th at 2022 Rotterdam Marathon (2:32:48); 18 th at 2021 Peachtree 10K.
Judy Chepaskwony	KEN	31:09.42 10,000m	This year ran 31:09.42 for 10,000m in Japan, a lifetime best; has run 14:50.20 for 5000m.
Mercy Chelangat	KEN	31:15.39 10,000m	In 2024 has finished 8 th at Boston 5K (15:32), 10 th at Houston Half (1:08:58), and 31:15.39 at Stanford 10,000m; 18 th at 2023 Boston Half (1:11:37); former NCAA Champion in the 10,000m (2022) and in cross country (2021).
Annie Heffernan	USA	33:09.83 10,000m	105 th at U.S. Olympic Trials Marathon (2:49:51) and winner of the 2023 Bay State Marathon (2:34:54).
Citlali Cristian Moscote	MEX	33:25.80 10,000m	2023 Pan Am Games Marathon gold medalist (2:27:12); 10 th at 2022 World Championships Marathon (2:26:33); 34 th at 2023 World Championships Marathon (2:36:03).
Courtney Hawkins	USA	N/A	77 th at 2024 Boston Marathon 2:55:38 as part of the B.A.A.'s winning team.

PROFESSIONAL WHEELCHAIR & PARA ATHLETICS DIVISIONS FIELD

NAME	COUNTRY	DIVISION	NOTES
Hermin Garic	USA	T51-54 – Men's Wheelchair	2-time defending Boston 10K champion (22:44 and 22:07 in 2023 and 2022, respectively); also 2023 Boston Half winner.
Jeyna Senbeta	USA	T51-54 – Men's Wheelchair	2 nd at 2023 Boston 10K (22:44); 18 th at 2024 Boston Marathon.
Hoda Elshorbagy	Egypt	T51-54 – Women's Wheelchair	First and only women's wheelchair racer from Egypt; student-athlete at University of Illinois.
Michelle Wheeler	USA	T51-54 – Women's Wheelchair	2 nd at 2023 Boston 10K; 8 th at 2024 Boston Marathon
Marko Cheseto	USA	T61-64 – Men's Lower Limb Impairment	2022 Boston 10K Para champion (course record 35:44); won 2024 Boston Marathon and Boston 5K Para divisions.
Brian Reynolds	USA	T61-64 – Men's Lower Limb Impairment	2023 Boston 10K Para champion (world record 41:09)
Kelly Bruno	USA	T61-64 – Women's Lower Limb Impairment	2024 Boston Marathon Para champion and course record holder (3:31:30)
Atsbha Gebremeskel	Ethiopia	T46 – Men's Upper Limb Impairment	2-time reigning Boston Marathon Para Athletics Division Champion (2:54:14 in 2023 and 2:43:57 in 2024)

2024 Boston 10K presented by Brigham and Women's Hospital Professional Field Bios